

וַיָּקרָא משה אֵל כָּל יִשְׂרָאֵל וַיֹּאמֶר אֲלֵיהֵם אַתֶּם רְאָיתֵם כוי

#### Introduction

This discourse of the Alter Rebbe, delivered on the verse "You have seen the great trials... and Hashem did not give you a heart to know, and eyes to see" (Devarim 29:1–3), explores the paradox between human perception and divine gift. At first, the Torah states "you have seen," yet immediately continues, "but Hashem did not give you eyes to see." The Alter Rebbe explains this contradiction through the lens of *El Olam*—Hashem as both beyond and within creation—and the role of *Rosh Hashanah* and the Ten Days of Repentance in awakening the deepest level of the soul, the *Yechidah*.

He weaves together verses, Midrash, Zohar, and teachings from Likutei Torah, presenting the inner meaning of *El Olam* ("G-d is the world, all one"), the experience of divine closeness during the High Holidays, and the transformative power of the shofar and the Thirteen Attributes of Mercy. Ultimately, he reveals that the gift of a *lev tahor*—a pure heart—is not attainable through human effort alone, but is a heavenly bestowal given when Hashem shines His face upon us.

And Moshe called to all Israel and said to them: You have
seen, etc., the great trials which your eyes saw, etc., and yet
Hashem did not give you a heart to know and eyes to see, etc.
And this is puzzling, for at first it says, "You have seen, etc.,"
and afterwards it says, "and Hashem did not give, etc., and eyes
to see, etc."

And to understand this, behold it is written, "And he planted an eshel in Be'er Sheva, and there he called in the name of Hashem, G-d of the world" (as mentioned in Bereishis Rabbah Vayeira end of chapter 54; Vayigash chap. 94; Zohar I 102b, III 22b, 52b).

For behold it is written, "Exalted over all, etc., who would not fear You, etc." (Yirmiyah chap. 10). For even idol worshippers call Him "the G-d of gods," as it is written, "From the rising of the sun to its setting, great is My Name, etc." But they are in a state of separation, being a something and existence of their own.

But Avraham, behold, was standing and crying out "in the name of Hashem, G-d of the world." Meaning, that the Name Havayah is El-Olam, entirely one, and not "El-ha'olam," as though the world is a separate being and entity, and He gives them life. Rather, not so.

וַיִּקְרָא מֹשֶׁה אֶל כָּל יִשְׂרָאֵל וַיֹּאמֶר אֲלֵיהֶם אַתֶּם רְאִיתֶם כוֹי הַמַּפּוֹת הַגְּדוֹלוֹת אֲשֶׁר רָאוּ עֵינֶידְ כוֹ׳ וְלֹא נָתַן ה׳ לָכֶם לֵב לָדַעַת וְעֵינַיִם לִרְאוֹת וְגו׳. וְהוּא תָּמוּהַ דְּמִתְּחָלָה אָמֵר אַתֶּם רְאִיתֶם כו׳ וְאַחַ״כ אָמֵר וְלֹא נָתַן כו׳ וְעֵינַיִם לִרְאוֹת וְגו׳.

וּלְהָבִין זֶה הָנֵּה כְּתִיב וַיִּטֵע אֵשֶׁל בִּבְאֵר שָׁבַע וַיִּקְרָא וּיְקְרָא פֿרִיב שָׁם בְּשֵׁם ה׳ אֵל עוֹלָם (נִזְכֵּר בְּרַבּוֹת וַיֵּרָא סו״פ נ״ד שָׁם בְּשֵׁם ה׳ אֵל עוֹלָם (נִזְכֵּר בְּרַבּוֹת וַיֵּרָא סו״פ נ״ד.).

דְּהָבֵּה כְּתִיב רָם עַל כָּל כו׳ מִי לֹא יִרְאֲךְּ וְגו׳ (יְרֶמְיָה סי׳ יו״ד) דְּגַם עוֹבְדֵי כוֹכָבִים קָרוּ לֵיה אֱלָקָא דְּאֱלָקַיָּא כְּמ״שׁ מִמִּזְרַח שֶׁמֶשׁ עַד מְבוֹאוֹ גָּדוֹל שְׁמִי וְגו׳. אֲבָל הֵם בְּבְחִינַת פִּירוּד לְהִיוֹת בְּחִינַת יֵשׁ וְדָבָר בִּפְנֵי עַצְמוֹ

וְאַבְרָהָם הָנֵּה הָיָה עוֹמֵד וְצוֹחַ בְּשֵׁם ה׳ אֵל עוֹלָם. פֵּירוּשׁ שֶׁהַשֵּׁם הוי׳ הוא אֵל עוֹלָם כוּלָּא חַד וְלֹא אֵל הָעוֹלָם שֶׁהָעוֹלָם הוּא יֵשׁ וְדָבָר בִּפְנֵי עַצְמוֹ וְהוּא הַמְחַיֵּה אוֹתַם. אִינוֹ כֵן.

#### וַיָּקרָא משה אֵל כָּל יִשְׂרָאֵל וַיֹּאמֶר אֲלֵיהֵם אַתֶּם רְאָיתֵם כוי

Rather, just as the name of a person is not from the essence of the person himself, but his life-force is enclothed in the letters of his name, for we see that when one calls him by his name he becomes aroused. So too, the Name Havayah, blessed be He, is enclothed within all the worlds, and they are only garments and secondary to Him, may He be blessed, and are entirely one with Him.

אֶלָּא כְּמוֹ שֶׁשְׁמוֹ שֶׁל אָדָם אֵינוֹ מֵעַצְמוּת הָאָדָם, אֶלָּא שָׁהַחַיּוּת שֶׁלוֹ מְלוּבָּשׁ בְּאוֹתִיּוֹת שְׁמוֹ, שָׁהְרֵי אָנוּ רוֹאִים שֶׁכְּשֶׁקוֹרִין אוֹתוֹ בִּשְׁמוֹ הוּא מִתְעוֹרֵר. כָּמוֹ כֵן שֵׁם הוי׳ בָּרוּךְ הוּא הוּא מִתְלַבֵּשׁ תּוֹךְ כָּל עָלְמִין וְהֵם רַק לְבוּשִׁים וְטָפַלִּים אֵלָיו יִתְבָּרַךְ וְכוּלָּא חַד מַמָּשׁ.

And this is "El Olam," as it is written, "On that day Hashem will be One and His Name One" (Zechariah 14:9). It will be two times Y-ah, that it should not be in the aspect of Vav-Hei. For the Vav is the aspect of drawing down, that it can descend below until it can be a something and an existence of its own. Rather, everything will be in the aspect of Y-ah, below just as above. And see Likutei Torah in Zechariah on this verse, and what is written there in the explanation on "And it shall be, the number of the children of Israel," and what is written in the discourse "Sixty are they, queens" regarding "My perfect one."

וְזֶהוּ אֵל עוֹלָם כַּמָּ"שׁ בַּיּוֹם הַהוּא יִהְיֶה ה׳ אֶחָד וּשְׁמוֹ אֶחָד יִהְיֶה ב׳ פְּעָמִים יָ״ה שֶׁלֹּא יִהְיֶה בִּבְחִינַת וָ״ה כִּי אֶדְּ יִהְיֶה בִּי פְּעָמִים יָ״ה שֶׁלֹּא יִהְיֶה בִּבְחִינַת וָ״ה כִּי הוּא״ו הוּא בְּחִינַת הַמְשָׁכָה שֶׁיוּכַל לְהִשְׁתַּלְשֵׁל לְמַטָּה עַד שֶׁיוּכַל לְהִיוֹת יֵשׁ וְדָבֶר בִּפְנֵי עַצְמוֹ, אֶלָּא שֶׁיִהְיֶה הַכֹּל בִּבְחִינַת יָ״ה לְמַטֶּה כְּמוֹ לְמַעְלָה. וְעַיֵּן בְּלִקוּ״ת בְּכֹל בִּבְחִינַת יָ״ה לְמַטֶּה נְּמֵוֹ לְמַעְלָה. וְעַיֵּן בְּלִקוּ״ת בְּכֹל בְּבָריִה עַל פָּסוֹק זָה וּמַ״שׁ מְדָּר״ה שִׁשִּׁים הַמָּה וְהָיֶה מִסְבֵּר בְּנֵי יִשְׂרָאֵל וּמַ״שׁ מְדָרְ״ה שִׁשִּׁים הַמָּה בִּלְרוֹת גַּבִּי תִּמַתִי

However, it is written, "And a whisperer separates a prince" (Mishlei 16:28). And see Zohar III (16a), and in Bereishis Rabbah, chapter 20: "For lust, one seeks separation." For when a person places his desires in the pleasures of the world, or in victories and evil traits, Heaven forbid, he is in a state of separation, such that it cannot be in the aspect of "Hashem is One and His Name One" as mentioned above.

אַדְּ הָנֵּה כָּתוּב וְנִרְגָּן מַפְּרִיד אָלוּף (בְּמִשְׁלֵי סי׳ ט״ז כ״ח). וְעַיֵּן זח״ג (ט״ז א׳) וּבְרַבּוֹת בְּרֵאשִׁית רַ״פּ כ׳ לְתַאָּוָה יְבַקֵּשׁ נִפְּרָד, שֶׁכְּשֶׁאָדֶם שָׁם רְצוֹנוֹתָיו בְּתַעֲנוּגִי הָעוֹלֶם אוֹ בִּנְצָחוֹנוֹת וִמְדוֹת רָעוֹת חַ״ו הוּא בְּחִינַת נִפְּרָד שֶׁלֹא יוּכַל לְהְיוֹת בִּבְחִינַת ה׳ אֶחָד וּשְׁמוֹ אֶחָד הַנַּ״ל

And behold it is written, "May He cause His face to shine with us forever" (Tehillim 67:2). Meaning, the aspect of the shining of the face is like the analogy of a man who gives to his true beloved some thing — he gives with a good eye, with good will, and his face glows from great light and joy. Not so to his enemy: he gives as one who throws behind his back, against his will. And this is, "May Hashem shine His face upon you" (Bamidbar 6:25), that He should bestow vitality from the aspect of the shining of the face mentioned above, unlike, etc. However, this shining of the face is specifically "with us," meaning when we too are in the aspect of shining of the face, as it is written, "As

וְהָנֵּה כָּתוּב יָאֵר כָּנָיו אִתָּנוּ סֶלָה. פֵּירוּשׁ בְּחִינַת הֲאָרת בָּהְנִים הוּא כְּמָשֶׁל אָדָם הַנּוֹתֵן לְאוֹהְבוֹ הָאָמִיתִּי אֵיזָה בָּנִים הוּא כְּמָשֶׁל אָדָם הַנּוֹתֵן לְאוֹהְבוֹ הָאָמִיתִּי אֵיזָה דָבָר הוּא נוֹתֵן בְּעַיִן יָפָה וּרְצוֹן טוֹב וְצָהָבוּ פָנָיו מֵרוֹב אוֹרָה וְשִׁמְחָה. מַשְׁאֵין כֵּן לְשוֹנְאוֹ נוֹתֵן כְּמַאן דְּשֶׁדִי אוֹרָה וְשִׁמְחָה. בַּעֲל כַּרְחֵיה

וְזֶהוּ יָאֵר ה׳ פָּנָיו אֵלֶיךְ שֶׁיָשְׁפִּיעַ הַחַיּוּת מִבְּחִינַת הָאַרַת פָּנִים הַנִּ״ל מַשְּׁאֵכֵּן גַּבֵּי כו׳. אַדְ הָאַרַת פָּנִים הַנ״ל הוּא אָתָנוּ דַּוְקָא פִּירוּשׁ כְּשֶׁאֲנַחְנוּ ג״כ בִּכְחִינַת הָאַרַת פָּנִים כַּמְּ״שׁ כַּמִּיִם הַפָּנִים לַפָּנִים כֵּן לֵב הָאָדָם לָאַדָם כו׳.

וַיָּקרָא משה אֵל כָּל יִשְׂרָאֵל וַיֹּאמֶר אֲלֵיהֵם אַתֶּם רְאָיתֵם כוי

water reflects a face to a face, so is the heart of man to man" (Mishlei 27:19).

Meaning: the lower man is Knesses Yisrael, as it is written, "And you My flock, the flock of My pasture, you are man" (Yechezkel 34:31). "You are called man" (Yevamos 61a). "To man" means to the Supernal Man, "upon the likeness of the throne, etc." (Yechezkel 1:26).

וְאַתֶּנָה צֹאנִי צֹאן מַרְעִיתִי אָדָם אַתֶּם. אַתֶּם קְרוּיִם אָדָם כו׳. לְאָדָם פֵּירוּשׁ לְאָדָם הָעֶלְיוֹן עַל דְּמוּת הַכִּסֵּא כו׳

פֵּירוּשׁ הַאַדַם הַתַּחָתוֹן הוּא כְּנֵסֶת יִשְׂרָאֵל כַּמַּ״שׁ

And the aspect of shining of the face with Israel is as it is written, "Let Israel rejoice in his Maker" (Tehillim 149:2), just as He, may He be blessed, rejoices and delights in us, as it is written, "And from Your joy with which You rejoiced in him You called, etc." (Yeshayahu 63:19, Targum). And this is the joy of Hashem from His greatness which has no limit.

וּבְחִינַת הָאַרַת פָּנִים אֵצֶל יִשְׂרָאֵל הוּא כַּפְּ״שׁ יִשְׂמַח יִשְׂרָאֵל בְּעוֹשָׁיו כְּמוֹ שֶׁהוּא יִתְבָּרַךְ שָׁשׁ וְשָׁמַחַ בָּנוּ כַּפְּ״שׁ וּמִשִּׁמְחָתְךְּ שֶׁשָּׁמַחְתָּ בוֹ קָרַאתָ כו׳. וְהִיא חָדוַת ה׳ מִגְּדוּלַתוֹ שֵׁאָין חָקֵר.

Like the analogy of a man whose face glows from great light and joy when he sees his true beloved, in the aspect of shining of the face mentioned above, and he completely forgets his pain and grief because of the joy and delight from seeing the face of his beloved. So too, when a person remembers Hashem, that He is his true beloved in this shining of the face, and he contemplates His greatness—that He fills all worlds and surrounds all worlds and all before Him is as nothing—he forgets himself entirely, even if he has pain from worldly matters, etc., and forgets the pain because of the joy in Hashem, etc.

ּכְּמָשָׁל הָאָדָם שֶׁצָּהָבוּ פָנָיו מֵרוֹב אוֹרָה וְשִּׁמְחָה כְּשֶׁרוֹאֶה אֶת אוֹהָבוֹ הָאָמִיתִּי בִּבְחִינַת הֲאַרַת פָּנִים הַנ״ל וְשׁוֹכֵחַ לְגַמְרֵי עַל צֵעֲרוֹ וִיגוֹנוֹ שֶׁיֵשׁ לוֹ מִחְמַת הַשִּׁמְחָה וְתַעֲנוּג מֵרְאוֹת פָּנֵי אוֹהָבוֹ. כָּךְ כְּשֶׁיִּוְכּוֹר הָאָדָם עַל ה׳ שֶׁהוּא אוֹהָבוֹ הָאָמִיתִּי בִּבְחִינַת הָאַרַת פָנִים הַנ״ל וְיִתְבּוֹנֵן בִּגְדוּלָתוֹ אֲשֶׁר מְמַלֵּא כָּל עָלְמִין וְסוֹבֵב כָּל עָלְמִין וְכוּלָא קַמֵּיה כְּלָא חֲשִׁיב יִשְׁכַּח עַצְמוֹ לְגַמְרֵי אֲפָלוּ יֵשׁ לוֹ צַעַר מִמִּילֵי דְעָלְמָא כו׳ וְיִשְׁכַּח הַצַּעַר מִפְּנֵי הַשִּׂמְחָה בַּה׳ כו׳.

As it is written, "Whom have I in heaven? And with You I desired nothing on earth" (Tehillim 73:25)—to nullify every desire and longing except the longing for Hashem alone.

כַּמֶּ״שׁ מִי לִי בַשָּׁמַיִם וְעִמְּדְּ לֹא חָפַצְתִּי בָאָרֶץ לְבַמֵּל בָּל חָפֵץ וָתַשׁוּקָה זוּלָת הַתִּשׁוּקָה בַּה׳ אָחָד.

And behold, the time of the arousal of the shining of the face is on Rosh Hashanah, when He sits on the Throne of Mercy. Then it is written, "His left hand is under my head," the beginning of closeness. Until Yom Kippur and Simchas Torah it is, "And His right hand embraces me," etc.

וְהָנֵּה זְמַן הָתְעוֹרְרוּת הֲאַרַת פָּנִים הוּא בְּרֹאשׁ הַשְּׁנָה יוֹשֵׁב עַל כִּסֵא רַחֲמִים, וְאָז כָּתוּב שְׂמֹאלוֹ תַּחַת לְרֹאשִׁי הַתְחַלֵּת הַתְקָרְבוּת, עַד יוֹם הַכִּפּוּרִים וּשְׂמַחַת תּוֹרָה הוּא וִימִינוֹ תְּחַבְּקֵנִי כו׳.

### וַיִּקְרָא מֹשֶׁה אֶל כָּל יִשְׂרָאֵל וַיֹּאמֶר אֲלֵיהֶם אַתָּם רְאִיתֶם כוי

And in the Ten Days of Repentance a person must be ashamed before Hashem, Who draws us close in the shining of the face, while we are in great distance because of sins that separate. As it is written, "I am ashamed and humiliated to lift my face to You, my G-d."	וּבַצְשֶׂרֶת יְמֵי תְּשׁוּבָה צָרִיךְ הָאָדָם לְהִתְבּוֹשֵׁשׁ מִפְּנֵי ה׳, אֲשֶׁר הוּא מְקָרְבֵנוּ בִּבְחִינַת הָאַרַת פָּנִים, וַאֲנַחְנוּ בְּתַכְלִית הָרִיחוּק מִפְּנֵי עֲוֹנוֹת הַמֵּבְדִּילִין. כַּמָּ״שׁ בּשְׁתִּי וָנִכְלַמְתִּי לְהָרִים אֱלֹהֵי פָּנֵי אֵלֶיךְ.
And as it is written in the Zohar, end of Parshas Bechukosai, on the verse "And even also this, when they are in the land of their enemies, I will not despise them, nor abhor them, to destroy them utterly." It is written "to destroy them," but read "like a bride."	ְרַבֶּשְ״שׁ בַּזֹהֵר סו״פּ בְּחָקֹתִי עַל פָּסוּק וְאַף גַּם זֹאת בִּהְיוֹתָם בְּאֶרֶץ אֹיְבֵיהֶם לֹא מְאַסְתִּים וְלֹא גְעַלְתִּים לְכַלּוֹתָם. לְכַלּוֹתָם כְּתִיב, וּמִדְרַשׁוֹ כְּכַלְּה
Like a bride in the marketplace of tanners. Because of his great love for her, it seems like the marketplace of spice-merchants with good fragrance. And so we ask: "Forgive us," that He should not smell the foul odor of the tannery.	לְמָשָׁל כְּכַלָּה שֶׁהִיא בְּשׁוּקָא דְבוּרְסְקֵי, וּמְחֲמֵת עֹצֶם אַהְבָתוֹ אֵלֶיהָ דָּמִי לֵיהּ כִּשׁוּקָא דְּרוֹכְלִין בְּרֵיחִין טָבִין. וְזָהוּ שֶׁאָנוּ מְבַקְשִׁים מְחַל לָנוּ שֶׁלֹּא יָרִיחַ רֵיחַ הָרַע שֶׁבַּבּוּרְסְקֵי.
Meaning, that He should sprinkle upon us pure water to wash away the foul odor of the tannery. And the concept of pure water is the Thirteen Attributes of Mercy, the thirteen rivers of pure balsam.	דְהַיְנוּ עַל יְדֵי שֶׁיּזְרֹק עָלֵינוּ מַיִם טְהוֹרִים לְהַרְחִיץ אֶת הָרֵיחַ הָרַע שֶׁבַּבּוּרְסְקֵי. וְעִנְיַן מַיִם טְהוֹרִים הֵם י״ג מִדּוֹת הָרַחָמִים, י״ג נַהָרֵי דְּאַפַּרְסְמוֹנָא דַּכִּיָּא.
And they are drawn from the place called "the hidden of all hidden, the will of all wills." Meaning: like the source of a spring that is not seen, only the rivers that flow from it are seen. So too, He is called "the hidden of all hidden," for the Thirteen Attributes of Mercy flow from Him.	ְוְהֵם נִמְשָׁכִים מִמֶּקוֹם הַנָּקְרָא טְמִירָא דְּכָל טְמִירִין, רְעוּתָא דְּכָל רְעוּוִין. פֵּירוּשׁ לְמָשֶׁל מָקוֹר הַמַּעְיָן שֶׁאֵינוֹ נִרְאָה, רַק הַנְּהָרוֹת הַנִּמְשָׁכִים מִמֶּנוּ הֵם הַנְּרְאִים.
And therefore He is called, "One Who sits on the Throne of Mercy," which is the "will of all wills."	וְלָכֵן נִקְרָא יוֹשֵׁב עַל כִּסֵא רַחֲמִים, שֶׁהוּא רְעוּתָא דְּכָל רְעוּוִין.
And behold, this level of "the will of all wills" is present within every Jew, and it is the point of the heart that is above intellect, and it is called "Yechidah." And this is what is written, "From the hand of the dog, my Yechidah" (Tehillim 22:21), to bring forth the aspect of his desire and will from the matters of this world and to cleave with attachment and longing to the will of all wills, to Hashem alone.	וְהָנֵה בְּחִינָה זוֹ רְעוּתָא דְּכָל רְעוּוִין יֵשְׁנוֹ אֵצֶל כָּל אֶחָד וְאֶחָד מִיִשְׂרָאֵל, וְהוּא בְּחִינַת נְקוּדַּת הַלֵּב שֶׁלְמַעְלָה מִן הַדַּעַת, וְהִיא נִקְרֵאת יְחִידָה. וְזֶהוּ שֶׁכָּתוּב מִיַּד כֶּלֶב יְחִידָתִי, לְהוֹצִיא בְּחִינַת חֶפְצוֹ וּרְצוֹנוֹ מֵעְנְיְנֵי זֶה הָעוֹלָם, וּלְדָבְקָה בִּדְבִיקָה וַחֲשִׁיקָה רְצוֹן שֶׁל כָּל הָרְצוֹנוֹת לַה׳ אֶחָד לְבַדּוֹ

#### וַיִּקְרָא מֹשֶׁה אֶל כָּל יִשְׂרָאֵל וַיֹּאמֶר אֲלֵיהֶם אַהֶּם רְאִיתֶם כוי

And through the shofar this level is aroused, which had been in a state of sleep, existing within every single Jew. And through this level, there is drawn every day of the Ten Days of Repentance the Thirteen Attributes of Mercy, which are the rivers mentioned above, which flow from their source mentioned above.

And they are called "pure water," which washes away the foul odor, etc. The shofar extends the general aspect of Arich Anpin, and in particular, on each day of the Ten Days of Repentance, one of the ten faculties in man—his Chabad and his emotions—returns to a state of face-to-face.

And behold, our Sages expounded: "Seek Hashem when He is found; call Him when He is near" (Yeshayahu 55:6)—these are the ten days between Rosh Hashanah and Yom Kippur. Meaning, "when He is near" is when He is in the aspect of the shining of the face mentioned above—an arousal from Above, "His left hand under my head," as above. And then it is easy to have an arousal from below, as it says here "to the individual," meaning the aspect of Yechidah mentioned above.

And behold, at that time all the sparks of Israel receive fear and love from Above (Zohar III 214b). And this is a very high level of fear and love that cannot be attained through an arousal from below. As it is written, "Create for me, G-d, a pure heart" (Tehillim 51:12)—for a pure heart cannot be within a created being on its own through his own arousal, but only as a gift given from Above at the time of the shining of the face.

(And see what is written in the discourse on "Ki Seitzei" regarding the explanation of "They give to him the daughter of the King," and in the discourse on "And you shall know today" regarding "And the Awesome One.") And there must be preparation for this through afflictions and self-denials. And therefore, in the Ten Days of Repentance, people fast but do not complete the fast, for the main thing in fasting is affliction—not

וּבְשׁוֹפָר הוּא מְעוֹרֵר בְּחִינָה זוֹ שֶׁהָיְתָה בִּבְחִינַת שֵׁנָה שֶׁיֵּשְׁנוֹ אֵצֶל כָּל אֶחָד וְאֶחָד מִיִּשְׂרָאֵל. וְעַל יְדֵי בְּחִינָה זוֹ נִמְשָׁךְ בְּכָל יוֹם מֵעֲשֶׂרֶת יְמֵי תְּשׁוּבָה בְּחִינַת י״ג מִדּוֹת הָרַחֲמִים שֶׁהֵם הַנְּהָרוֹת הַנִּזְכָּרִים לְעֵיל, שִׁנְּמְשָׁכִים מִמְּקוֹרָם הַנִּזְכָּר לְעֵיל.

וְנִקְרָאִים מַיִם טְהוֹרִים שֶׁמְרַחֲצִים אֶת הָרֵיחַ הָרַע וְכוּ׳. שׁוֹפָר מַאֲרִיךְ אֲרִיכָא דְאַנְפִּין דֶּרֶךְ כְּלָל, וּבְדֶּרֶךְ פְּרָט בְּכָל יוֹם מֵעֲשֶׂרֶת יְמֵי תְּשׁוּבָה חוֹזֵר פָּנִים בְּפָנִים אֶחָד מִן י׳ סְפִירוֹת שֶׁבָּאָדָם שֶׁהֵם חָב״ד וּמִדּוֹתִיו. אֶחָד מִן י׳ סְפִירוֹת שֶׁבָּאָדָם שֶׁהֵם חָב״ד וּמִדּוֹתִיו.

וְהָבֵּה אָרְזוּ״ל דָּרְשׁוּ ה׳ בְּהִפֶּצְאוֹ קְרָאֵהוּ בִּהְיוֹתוֹ קָרוֹב אֵלוּ עֲשָׁרָה יָמִים שֶׁבֵּין ר״ה לְיוֹם הַכִּפּוּרִים. פֵּירוּשׁ בִּהְיוֹתוֹ קֶרוֹב כְּשֶׁהוּא בִּבְחִינַת הָאַרַת פָּנִים הַנ״ל אָתְעָרוּתָא דְּלְעֵילָא שְׂמֹאלוֹ תַּחַת לְרֹאשִׁי כַּנַּ״ל, וְאָז בְּנַקְלָא יָכוֹל לְהִיוֹת אָתְעָרוּתָא דְּלְתַתָּא כַּמְ״שׁ כָּאן לֵיַּחִידָ, פֵּירוּשׁ בָּחִינַת יִחִידָה הַנַּ״לֹ.

וְהָנֵּה בַּזְּמֵן הַהוּא מְקַבְּלִים כָּל נִיצוֹצוֹת מִיּשְׂרָאֵל
בְּחִינֹת דְּחִילוּ וּרְחִימוּ מִלְמַעְלָה (עזח״ג רי״ד ב׳).
וְהוּא בְּחִינַת דְּחִילוּ וּרְחִימוּ עֶלְיוֹנִים מְאֹד שֶׁאִי אֶפְשֶׁר לְהַשִּׁיג עַל יְדֵי אִתְעָרוּתָא דְּלְתַתָּא. וּכְמֶ״שׁ לֵב טְהוֹר בְּרָא לִי אֱלֹקִים, בְּחִינַת בַּר לֵבָב לֹא יוּכַל לְהִיוֹת אֵצֶל בְּרָא לִי אֱלֹקִים, בְּחִינַת בַּר לֵבָב לֹא יוּכַל לְהִיוֹת אֵצֶל בְּחִינַת נִבְרָא מִצֵּד עַצְמוֹ בְּאִתְעֶרוּתָא דִילֵיה, כִּי אִם מַתְּנָה שֶׁנוֹתְנִים לוֹ מִלְמַעְלָה בְּעֵת בְּחִינַת הַאַרַת פָּנִים הַנִּיל

ְוַעַפָּ״שׁ בְּדִ״ה כִּי תַצֵּא בְּפֵירוּשׁ יַהְבִין לֵיהּ בְּרָתָא)
דְמַלְכָּא, וְסְדְרָ״ה וְיָדְעָתָּ הַיּוֹם בְּעַוְיֵן וְהַנּוֹרָא). וְצָרִיךְ
הָכָנָה לָזָה עַל יְדֵי עִנּוּיִים וְסִיגּוּפִים. וְלָכֵן בַּעֲשֶׂרָת יְמֵי תְּשׁוּבָה מִתְעַנִּים וְלֹא מַשְׁלִימִים, שֶׁאֵין חָשׁוּב תַּעֲנִית אֶלָּא עִנּוּי, שֶׁלֹא יִהְיֶה בַּנֶּפֶשׁ שְׂבִיעָה וְכֶרֶס מְלֵאָה, שֶׁלֹא יוּכַל לְקַבֵּל בְּחִינַת לַב טָהוֹר בְּשֶׁאוֹכֵל לְשֶׂבְעָה וְכָרֶס מְלֵאָה כו׳.

וַיָּקרָא משה אֵל כָּל יִשְׂרָאֵל וַיֹּאמֶר אֲלֵיהֵם אַתֶּם רְאָיתֵם כוי

to have the soul satisfied and the belly full, for then one cannot receive a pure heart when eating to satiety.

And this is what it says, "You..." Meaning, until now you were those who saw, etc., through an arousal from below. But "Hashem has not given you..." means the aspect of a pure heart, which is given from Above, which no created being can attain through his own arousal.

And this was the matter of the manna, as it is written, "And He afflicted you and made you hungry..." (Devarim 8:3). For through the manna, and through afflictions and self-denials, they merited a higher level, to receive a pure heart (see what is written in Parshas Eikev on the verse "And He fed you the manna"). And so too it is in the Ten Days of Repentance. Therefore this portion is read before Rosh Hashanah.

וְזֶהוּ שֶׁאָמֵר אַתֶּם כו׳. פֵּירוּשׁ שֶׁעַד הַנָּה הֱיִיתֶם אַתֶּם הָרוֹאִים כו׳ עַל יְדֵי אִתְעָרוּתָא דְּלְתַתָּא, אֲכָל וְלֹא נָתַן ה׳ כו׳. פֵּירוּשׁ בְּחִינַת לֵב טָהוֹר שֶׁנוֹתְנִים מִלְמַעְלָה, שָׁלֹא יָכוֹל נִבָרָא לְהַשִּׂיג עַל יְדֵי אִתְעַרוּתָא דִילֵיהּ. .שֶׁלֹא יָכוֹל נִבָרָא לְהַשִּׂיג עַל יְדֵי אִתְעַרוּתָא דִילֵיהּ

וְזֶה הָיָה עִנְיֵן הַמָּן דִּכְתִיב וַיַּעֲנְדְּ וַיַּרְעִיבֶדְּ כוּ', שֶׁעַלֹּ יְדֵי הַמָּן וְעַל יְדֵי עִנּוּיִים וְסִיגּוּפִים זָכוּ לִמְעָלָה עֶּלְיוֹנָה יוֹתֵר לְקַבֵּל בְּחִינַת לֵב טָהוֹר (וְעַמָּ״שׁ בַּפָּרְשָׁה עֵקֶב עַל פָּסוּק וַיַּאֲכִלְךְּ אֶת הַמָּן כוּ'). וְכֵן הוּא הָעִנְיָן בַּעֲשֶׂרֶת יְמֵי תְּשׁוּבָה. וְלָכֵן קוֹרִים פָּרְשָׁה זוֹ קֹדֶם בּי״ה.

#### **NOTE Summary**

The Alter Rebbe begins by asking why the Torah says, "You have seen... but Hashem did not give you eyes to see." He explains through Avraham's calling "in the name of Hashem, El Olam"—not "El of the world," but "El-Olam," G-d and the world as one, like a name bound to the essence of a person. Creation is only a garment for divine vitality; it is not independent.

This unity will be fully revealed in the future, as in "On that day Hashem will be One and His Name One," when there will be no concealment of Vav-Heh, only the higher Yud-Heh. By contrast, separation (*nifrad*) arises when a person attaches his desires to worldly pleasures or negative traits. The remedy is Hashem's shining face—like the glow of joy when one gives generously to a beloved.

During Rosh Hashanah, Hashem sits on the Throne of Mercy. It begins with "His left hand under my head" and culminates on Yom Kippur and Simchas Torah with "His right hand embraces me." Yet in these days, man must feel shame, for Hashem draws close while sins create distance. Still, His love remains, as in the Zohar's parable: a groom loves his bride even when she is in a foul-smelling tannery, perceiving it as though she is among fragrant merchants. We therefore plead that Hashem wash away our stench with "pure waters"—the Thirteen Attributes of Mercy, flowing from the hidden source (*Re'usa d'Kol Re'uin*).

These days awaken the deepest point of the soul, the *Yechidah*, which longs to cleave only to Hashem. The shofar arouses this level from its dormant state, drawing down the Thirteen Attributes of Mercy each day of the Ten Days of Repentance. Through this, a person's faculties—Chabad and the emotions—are realigned face-to-face with Hashem.

וַיִּקְרֵא מֹשֶׁה אֶל כָּל יִשְׂרָאֵל וַיֹּאמֶר אֲלֵיהֶם אַתָּם רְאִיתָם כוי

The Alter Rebbe explains that the verse "Seek Hashem when He is found" refers to these ten days, when Hashem shines His face and grants from Above what man cannot achieve on his own: a *lev tahor*. Human effort (*isarusa d'letata*) is insufficient; a pure heart is a divine gift, attained through self-denial and humility. That is why during these days we practice fasting and affliction, not for completion but to remove satiety and make space for holiness.

Thus, the Torah says, "You have seen..."—your perception through effort below. But, "Hashem has not given you a heart to know..."—for the gift of a pure heart comes only from Above. This was the lesson of the manna: through hunger and affliction, Israel was elevated to receive a higher level of purity. The same applies to the Ten Days of Repentance, which is why this parsha is read before Rosh Hashanah.

#### **Practical Takeaway**

The High Holidays are not merely about our efforts, but about allowing Hashem's closeness to awaken the deepest truth of our soul. By humbling ourselves, stepping away from indulgence, and preparing with sincerity, we make ourselves vessels for the gift of a pure heart. The shofar is the cry of the soul's *Yechidah*, reminding us that beyond intellect and understanding, our essence cleaves only to Hashem. In these days, our task is to strip away distractions and ready ourselves for His shining face, which brings joy, transformation, and renewal.

#### **Chassidic Story**

The Alter Rebbe once said before Rosh Hashanah that the sound of the shofar is not merely a mitzvah but the awakening of the innermost soul, the *Yechidah*. His chassidim asked how to prepare. The Alter Rebbe replied with a parable: A prince, long estranged from his father, wandered into distant lands and became clothed in rags. At last he returned, ashamed to approach the palace. Yet when the king saw his son from afar, he rushed to embrace him, not noticing the rags or the dirt, only rejoicing that his beloved child had come home.

So too, said the Alter Rebbe, during Rosh Hashanah and the Ten Days of Repentance, Hashem does not look at our stains but only hears the cry of the shofar—the cry of the soul's essence—and embraces us with boundless love.

#### Therapeutic-Psychological Integration (TPX)

This discourse of the Alter Rebbe presents a profound psychological map of transformation during the High Holidays. It begins with the paradox of "You have seen... but Hashem has not given you eyes to see"—a reminder that even when we witness truths, we may not internalize them until a deeper gift is granted.

At the heart of the teaching is *El Olam*: the realization that the world is not separate from the Divine but a garment animated by His vitality. Psychologically, this is the shift from fragmentation to integration. Much of human suffering arises from *nifrad*—feeling separate, pulled by cravings, victories, or toxic traits. In

וַיָּקָרָא מֹשֶׁה אֱל כָּל יִשְׂרָאֵל וַיֹּאמֶר אֲלֵיהֶם אָהֶם רְאִיתֵם כו׳

separation, we live as if the self is isolated. Healing begins when we experience that at the core, we are not separate but bound to the Source of life.

The "shining face" represents the experience of being seen with unconditional love. In relationships, when someone looks at us with joy and warmth, our defenses fall away, and our heart softens. Spiritually, Rosh Hashanah and Yom Kippur are the times when Hashem looks at us this way. Even if we are like the bride in the tannery, immersed in habits or environments of foul odor, His love reframes us as precious and fragrant. This divine gaze becomes the ultimate corrective experience, awakening in us a pure heart.

The Alter Rebbe identifies this with the *Yechidah*—the point of the soul beyond intellect, the indestructible self that longs for Hashem alone. In therapy, this resembles touching the core self beneath trauma, shame, or ego defenses. The cry of the shofar is the primal sound of this self, bypassing words and reason, like the deep sob or sigh that carries the whole truth of the heart. When this level is accessed, the higher attributes of mercy flow, washing away the residue of the past like "pure waters."

Psychologically, the Ten Days of Repentance are a structured intervention: fasting not as punishment, but as a way of loosening attachment to the false satisfaction of "a full belly." Self-denial here is reframed as creating space to receive a higher gift. In therapeutic terms, when we empty ourselves of compulsions and numbing strategies, we become open to new experiences—especially the experience of being gifted a pure heart from beyond ourselves.

#### Story

A young man once came to a therapist carrying immense shame over his addictions. He described himself as "filthy," comparing his life to a tannery that reeked so badly no one could come near. The therapist listened quietly, then leaned forward and said: "Do you know how your father looked at you when you were born? With joy, not with disgust. That gaze is still on you." The man wept, feeling for the first time that beneath the stench, he was still lovable.

This mirrors the Alter Rebbe's parable of the bride in the tannery: Hashem does not recoil from our odor, but sees us with love, transforming the tannery into a marketplace of spices. In therapy, as in teshuvah, the healing begins not when we clean ourselves first, but when we allow ourselves to be seen with that unconditional embrace. That moment awakens the *Yechidah*—the essence of the self—and allows for true renewal.

#### END NOTE