

אַרץ הָרִים וּבָקַעוֹת, לִמְטַר הַשָּׁמַיִם תִּשְׁתָּה מַיִם

Introduction

This profound discourse by the Alter Rebbe—founder of Chabad and author of the *Tanya*—unfolds a deep metaphysical and spiritual analysis of the verse "מַּלְתְילֹת, לְמְטֵר הַשְּׁמֵיִם תְּשְׁמֵּה מְיִם וְּבְקְעוֹת, לְמְטֵר הַשְּׁמֵיִם תְּשְׁמָה מִינִי ("A land of mountains and valleys; by the rain of the heavens it drinks water," Devarim 11:11). The Alter Rebbe reveals how the topography of Eretz Yisrael reflects the inner topography of the soul and of Divine service. By analyzing the mystical dynamics between "mountains" (fire, yearning, and love) and "valleys" (water, bittul, and fear), he lays out a comprehensive vision of spiritual growth, the mechanics of Divine reciprocity, and the vessel required to receive the infinite light of Hashem. Drawing from Kabbalah, the Zohar, and the structure of Divine attributes (middos), he contrasts the holy realm with the Sitra Achra and elevates the role of humility as the core key to higher revelation.

A land of mountains and valleys, by the rain of the heavens it drinks water. (Regarding "a land of mountains and valleys," see Vayikra Rabbah end of Parshas Re'eh, and in Yalkut in the name of the Sifrei; and regarding "by the rain of the heavens," see Bereishis Rabbah, chapter 13). (Devarim 11:11)	אֶרֶץ הָרִים וּבְקָעוֹת, לִמְטֵר הַשָּׁמֵיִם תִּשְׁתָּה מָיִם. (מֵעְנְיֵן אֶרֶץ הָרִים וּבְקָעוֹת בְּרַבָּה סו"פ רְאֵה וּבַיָּלְקוּט בְּשֵׁם הַסִּפְרִי וּמֵעִנְיַן לִמְטֵר הַשָּׁמֵיִם בְּרַבָּה בְּרֵאשִׁית (פֵּרֶק י"ג). (דברים י"א:י"א
Also see: Shemos Rabbah at the beginning of chapter 25; Koheles Rabbah on the verse "and the earth stands forever"; and the beginning of "All the rivers go to the sea"; Taanis 9b; Bava Basra 19a.	דט"ז ב') בְּשַלַּח רֵיש פֵּרָק כ"ה (קמ"א ג') בְּקֹהֶלֶת) רַבָּה בַּפָּסוּק וְהָאָרֶץ לְעוֹלָם עֹמֶדֶת וְרֵיש פָּרְשַׁת כָּל הַנְּחָלִים הוֹלְכִים אֶל הַיָּם, גְּמָרָא פָּרֶק קַמָּא דְּתַעֲנִית (ד"ט ע"ב), פֶּרֶק ב' דְּכָבָא בַּתְרָא (די"ט סע"א.
To understand what is written "for rain," for it should have said "from rain."	לְהָבִין מַה שֶּׁבֶּתוּב לְמְטַר, כִּי מִמֶּטֶר הַוָּה לֵּיה לְמֵימַר.
Behold, it is written: "For in the image of God He made man." The meaning is: "image" is a protruding form, that when one stamps with it, it produces an indentation—	הָנֵּה כְּתִיב: "כִּי בְּצֶלֶם אֱלֹקִים עָשָׂה אֶת הָאָדָם" – פַּירוּשׁ "צֶלֶם" הוּא צוּרָה בּוֹלֶטֶת שֶׁכְּשֶׁמַּדְפִּיסִים בָּה – נַאֲשֶׂה שׁוֹקֵעַ
as is explained regarding the straps of the tefillin of the head, that man is like an inverted seal: what is on the left above appears as the right below.	כַּמְבוֹאָר גַּבֵּי רְצוּעוֹת שֶׁל תְּפִלִּין שֶׁל רֹאשׁ – שֶׁהָאָדָם הוּא כְּחוֹתָם הַמִּתְהַפֵּךְ: מִשְּׁמֹאל שֶׁל מַעְלָה נַעֲשֶׂה יָמִין לְמַטָּה.
(This is how it appears in Mishnas Chassidim, Tikun Tefillin, chapter 14, letter 5, that man in relation to Ze'er Anpin is like an inverted seal. See also what is written regarding the straps of the tefillin of the head in the discourse beginning "Place me as a	כֵן הוּא בְּמִשְׁנַת חֲסִידִים בְּתִיקּוּן תְּפִלִּין כֶּרֶק י"ד] אוֹת ה' – שֶׁהָאָדָם הוּא לְגַבֵּי זְעֵיר אַנְפִּין כְּחוֹתָם הַמִּתְהַפֵּדְ. וְעַיֵּן מַה שֶׁכָתוּב מֵענְיַן רְצוּעוֹת דִּתְּש"ר ["בְּדִבּוּר הַמַּתְחִיל "שִׁימֵנִי כַּחוֹתָם

seal.")

And the matter is: it is written, "To You, Hashem, is the greatness," which refers to His attribute of Chesed (Kindness), that comes from His greatness, and it is inverted below, as we find by Avraham Avinu, peace be upon him: "And I am dust and ashes."	ְוָהָעִנְיָן: דְּכְתִיב "לְךְּ ה' הַגְּדֻלָּה", וְהוּא מִדַּת חַסְדּוֹ שֶׁבָּאָה מִגְּדוּלָּתוֹ, וְנֶהְפָּף הוּא לְמַטָּה, כְּדְאַשְׁכְּחַן הָצְבָרָהָם אָבִינוּ עָלָיו הַשֶּׁלוֹם – "וְאָנֹכִי עָפָר וָאֵפֶר".
For the main aspect of kindness is to bestow from one's life-force, not from his surplus—for that is the trait of Yishmael—	דְהָנֵה עָקַר הַחֶּסֶד – לְהַשְׁפִּיעַ מֵחַיָּיו, וְלֹא מִמּוֹתָרוֹת שָׁלוֹ – שָׁזוֹ מִדַּת יִשְׁמָעֵאל .
but rather as we find that upon his return he paid his debts, so that it should not be said "your life precedes [the life of others]," for he considers himself as leftovers.	רַק כְּמוֹ שֶׁמָּצִינוּ שֶׁבְּחָזְרוֹ פָּרַע הַקָּפוֹתָיו, שֶׁלֹּא לוֹמֵר שָׁחַיֶּיךָ קוֹדְמִין, מִפְּנֵי שֶׁמְשַׂיִם עַצְמוֹ כְּשִׁירַיִם.
And this is the aspect of water, which descends in the world to the low places.	ּוְזֶהוּ בְּחִינַת מֵיִם – שֶׁיוֹרְדִים לָעוֹלָם לְמְקוֹם נָמוּדְ.
[It is found that from the aspect of the attribute of "greatness" above, is drawn downward the aspect of Chesed of MaH—meaning nullification, to consider oneself as leftovers. And this is the analogy of an embossed seal, which when stamped creates an impression below, an aspect of indentation. See this explained at length in the discourse beginning "Place me as a seal," as mentioned above.]	נִמְצָא מִבְּחִינַת מִדַּת הַגְּדוּלָה שֶׁלְמַעְלָה נִמְשָׁךְ לְמַטָּה] בְּחִינַת חֶסֶד דְּמ״ה שֶׁהוּא הַבִּטוּל לִהְיוֹת מְשִׁים עַצְמוֹ כְּשִׁירָיִם, וְזֶהוּ הַנִּמְשָׁל מֵחוֹתָם בּוֹלֵט שֶׁכְּשֶׁמַּדְפִּיסִים בּוֹ נַצְשֶׂה לְמַטָּה בְּחִינַת שְׁקִיעָה. וְעַיֵּן מֵה שֶׁכָּתוּב בָּזֶה [בִּאֲרִיכוּת בְּדִ״ה שִׁימֵנִי כַּחוֹתָם הַנ״ל
And behold, the love of Hashem in the heart of His people is like a burning fire, as it is written: "Its sparks are sparks of fire," just as fire by its nature yearns to rise upward to its source—	ְוְהַנֵּה אַהְבַת ה׳ בְּלֵב עַמּוֹ כְּאֵשׁ בּוֹעֵרָה, כַּדְּכְתִּיב: "רְשָׁפֶיהָ רְשְׁפֵּי אֵשׁ", כְּמוֹ שֶׁהָאֵשׁ חֲפִיצָה בְּטִבְעָהּ – לַעְלוֹת לְמַעְלָה בְּשָׁרְשָׁה
so too the souls of Israel desire to cleave to Hashem and to leave the body.	כֵּן נְפָשׁוֹת בְּנֵי יִשְׂרָאֵל חֶפְצָן לְדָבְקָה בַה׳ וְלָצֵאת מָן הַגּוּף.
And this is the aspect of "ascent"—from the left above becomes the right below.	וְזֶהוּ בְּחִינַת הָסְתַּלְּקוּת: מִשְּׂמֹאל שֶׁלְּמֵעְלָה נַעֲשֶׂה יָמִין לְמַטָּה.
[And see what is written on this also nearby in the discourse beginning "And He fed you the manna."]	וְעַיֵּן מַה שֶׁכָּתוּב מָזֶה גַּם כֵּן בְּסָמוּךְ בְּדִ״ה "וַיַּאֲכִלְךּ] [."אֶת הַמָּן
And this is what is written: "A land of mountains and valleys." And in an arousal from below—behold:	וְזֶהוּ שֶׁכֶּתוּב: "אֶרֶץ הָרִים וּבְקָעוֹת", וּבְאִתְעָרוּתָא דִּלְתַתָּא – הִנֵּה:
Therefore, there are two aspects: fire and water.	לְפִיכָךְ, הַם ב׳ בְּחִינֵי: אֵשׁ וּמֵיִם.

[Meaning: "land" is Knesses Yisrael. Within her are "mountains"—this is arousal from below in the aspect of "running" (ratzo). And this is the matter of Avraham who called it a "mountain," etc.]	פֵּירוּשׁ: כִּי "אָרֶץ" הִיא כְּנֶסֶת יִשְׂרָאֵל, יֵשׁ בָּהּ] "הָרִים" – הַיְנוּ אָתְעָרוּתָא דִּלְתַתָּא בִּבְחִינַת רָצוֹא, [.וְזֶהוּ עִנְיַן כְּאַבְרָהָם שֶׁקָּרָאוֹ "הַר", כו׳
And "mountains" in plural form—because there are several types of "mountain" levels: there is love with joy, and there is with bitterness, etc., as is explained in the discourse "For the mountains shall depart" and in "Place me as a seal."	ן"הָרִים" לְשׁוֹן רַבִּים, כִּי יֵשׁ כַּמָּה בְּחִינֵי "הָר": יֵשׁ אַהְבָה בְּשִׂמְחָה, וְיֵשׁ בְּמָרִירוּת, כו׳, כְּמוֹ שֶׁמְבוֹאָר מִזָּה "בְּדִ״ה "כִּי הֶהָרִים יָמוּשׁוּ", וּבְדִ״ה "שִׁימֵנִי כַּחוֹתָם".
And generally speaking, "mountains" are arousal from below in the aspect of an embossed seal—that is from below to above. And this is the aspect of fire.	וְדֶרֶךְ כְּלֵל, "הָרִים" הַיְנוּ אָתְעָרוּתָא דִּלְתַתָּא בִּבְחִינַת חוֹתָם בּוֹלֵט – שֶׁמִּלְמַטָּה לְמַעְלָה. וְזֶהוּ בְּחִינַת אֵשׁ.
But "valleys" are the aspect of an indented seal—that is, from below—meaning the aspect of bittul and fear, the state of considering oneself as leftovers.	אֲבָל "בְּקָעוֹת" הוּא בְּחִינַת חוֹתָם שוֹקַעַ – שֶׁמִּלְמַטָּה, הַיְנוּ בְּחִינַת בִּטוּל וּבְחִינַת יִרְאָה, בְּחִינַת מְשִׂים עַצְמוֹ בְּשִׁירָיִם.
And see what is written in the discourse "Shema Yisrael" in the explanation of "And we sat in the valley," etc.	וּרְאֵה מַה שֶׁכָּתוּב בְּדִ״ה "שְׁמַע יִשְׂרָאֵל" בְּפֵירוּשׁ ונֵשֶׁב בַּגָּיא", כו׳.
And "valleys" is in the plural form, for there are also two levels of fear: lower fear and upper fear, etc.	וּבָקעוֹת לָשׁוֹן רַבִּים, כִּי יֵשׁ גַּם כֵּן בְּחִינַת יִרְאָה תַּתָּאָה וִירְאָה עִילָּאָה, כו׳.
And as is known, that the four letters of the Name Havayah are [the pattern of] fear—love, love—fear; thus, twice love and twice fear.	וּכְיָדוּעַ אֲשֶׁר ד׳ אוֹתִיּוֹת הוי׳ הֵן: דְּחִילוּ וּרְחִימוּ, רְחִימוּ וּדְחִילוּ – הַרֵי פַּעֲמַיִם רְחִימוּ וּפַּעֲמֵיִם דְחִילוּ.
And it is possible that this is [the meaning of] "mountains and valleys"—two levels of "mountains," and two levels of "valleys," etc.	וְאֶפְשָׁר שָׁזָּהוּ "הָרִים וּבְקָעוֹת" – שְׁתֵּי בְּחִינוֹת הָרִים", שְׁתֵּי בְּחִינוֹת "בְּקָעוֹת", כוי".
And behold, the arousal from Above that is drawn down from Above through the arousal from below that is in the aspect of "water" from below—is greater and loftier than the arousal from Above that is drawn through "fire."	וְהַבֵּה אָתְעָרוּתָא דִּלְעֵילָּא הַנִּמְשֶׁכֶת מִלְּמַעְלָה עַל יְדֵי אָתְעָרוּתָא דִּלְתַתָּא שֶׁבְּבְחִינַת "מַיִם" דִּלְתַתָּא – גְּדוֹלָה וְעֶלְיוֹנָה יֹתֵר מֵאִתְעָרוּתָא דִּלְעֵילָא הַנִּמְשֶׁכֶת עַל יְדֵי "אֵשׁ".
[For from the aspect of the arousal from below that is in the aspect of an embossed seal (from below), is drawn from Above the aspect of an indented seal.	כִּי מָבְּחִינַת אָתְעָרוּתָא דִּלְתַתָּא שֶׁבְּבְחִינַת "חוֹתָם] בּוֹלֵט" – שֶׁמִּלְמַטָּה – נִמְשָׁךְ מִלְמַעְלָה בְּחִינַת "חוֹתָם "שוֹקֵעַ
And from the arousal from below in the aspect of sinking and nullification, is drawn the arousal from Above in the form of an embossed seal—	– וּמֵאָתְעָרוּתָא דְּלְתַהָּא שֶׁבְּבְחִינַת שְׁקִיעָה וּבְטוּל נִמְשֶׁכֶת אָתְעָרוּתָא דְּלְעֵילָא גִּילוּי בְּחִינַת "חוֹתָם ,"בּוֹלֵט

that is, a revelation of the Infinite Light without garments that conceal. "And your Teacher shall no longer be hidden," etc.	– דְהַיְינוּ גִּילּוּי אוֹר־אֵין־סוֹף בְּלִי לְבוּשִׁים הַמַּסְתִּירִים "וְלֹא יָכָּנֵף עוֹד", כו׳".
And all this is explained on the verse "Place me as a seal," as above.]	וּרְמוֹ שֶׁכָּתוּב כָּל זֶה עַל פִּי "שִׂימֵנִי כַּחוֹתָם" הַנ״ל.]
And if so, the arousal from below that is in the aspect of water—that is, sinking and nullification, making oneself as leftovers—draws down a higher arousal from Above than that which is drawn through arousal from below in the aspect of "sparks of fire."	וְאָם כֵּן, אָתְעָרוּתָא דִּלְתַתָּא שֶׁבְּבְחִינַת "מַיִם", שֶׁהוּא בְּחִינַת שְׁקִיעָה וּבִטוּל – מְשִׂים עַצְמוֹ כְּשִׁירִיִם – מַמְשִׁיךּ אָתְעָרוּתָא דִּלְעֵילָּא עֶלְיוֹנָה יוֹתֵר מִמַּה שֶׁנִּמְשֶׁךְּ עַל יְדֵי אָתְעָרוּתָא דִּלְתַתָּא בִּבְחִינַת "רִשְׁפֵּי אֵשׁ".
And it is possible to say that this is also alluded to in the verse "a land of mountains and valleys"—that from the embossed seal above is made below an aspect of sinking and nullification, etc.	וְאֶפְשָׁר לוֹמַר שֶׁזָּה מְרוּמָז גַּם כֵּן בְּפֵירוּשׁ "אֶרֶץ הָרִים וּבְקָעוֹת", שֶׁמֵחוֹתָם בּוֹלֵט שֶׁלְמַעְלָה נַעֲשֶׂה לְמַטָּה בְּחִינַת שְׁקִיעָה וּבִטוּל, כו׳.
And therefore, Yaakov, who is called "a simple man," drew water and not wine, to draw down a higher blessing.	וְלָכֵן אָרַם יַעֲקֹב מַיִם לְיַיִן – לְהַמְשִׁיךְ בְּרָכָה עֶלְיוֹנָה יוֹתֵר.
(And see Zohar, Parshas Balak 189a, slightly on this matter.)	(וְעַיֵּן בְּזֹהַר בָּלָק דַּף קפּ"ט סַע"א בְּעֵינָא קְצָת).)
And this is [the meaning of] "by the rain of the heavens you shall drink water"—like a person who drinks to his friend so that the friend will then drink to him.	וְזֶהוּ: "לָמְטַר הַשָּׁמַיִם תִּשְׁמָה מָיִם" – כְּאָדָם הַשּׁוֹתָה לַחֲבֵירוֹ שָׁיַחֲזֹר וְיִשְׁמָּה לוֹ.
[Meaning: this is the elevation of feminine waters to draw down masculine waters, which are called "rain of the heavens."	פֵּירוּשׁ: שֶׁנֶּהוּ הַעֲלָאַת מַיִּין נוּקְבִין – לְהַמְשִׁידְּ מַיִּין] דּוּכְרִין, הַנִּקְרָאִים "מָטָר הַשָּׁמַיִם".
And see what is written on the verse "If in My statutes" regarding "I will give your rains," etc.]	וְעַיֵּן מַה שֶׁכָּתוּב עַל פָּסוּק "אָם בְּחֻקֹּתֵי", כו׳, בְּעִנְיַן [."וְנָתַתִּי גִשְׁמֵיכֶם", כו׳
And possibly in a similar manner we may also explain the matter of the water libation that was done on the festival of Sukkos all seven days of the festival.	– וְאֶפְשָׁר עַל דָּרֶךְ זֶה יֵשׁ לוֹמֵר גַּם כֵּן עִנְיַן נִסּוּךְ הַמַּיִם שָׁהָיָה בְּחַג הַסֵּכּוֹת כָּל שִׁבְעַת יְמֵי הַחַג.
For behold, the matter of the wine libation is the aspect of joy, and it is like an embossed seal from below—	כִּי הָנֵה עָנְיַן נִסּוּךְ הַיַּיִן הוּא בְּחִינַת שִׂמְחָה, וְהוּא כְּמוֹ "חוֹתָם בּוֹלֵט" שָׁשֶׁמְלְמַטָּה
the joy of the soul in great love for Hashem. And this is the matter of the song of the Levi'im over the wine.	בְּחִינַת שִׂמְחַת הַנֶּפֶשׁ בְּאַהֲכָה רַבָּה לַה׳. וְזֶהוּ עִנְיַן שִׁיר הַלְוִיִּים" עַל הַיַּיִן".
But the water libation is the aspect of Chochmah—"Ko'ach mah" ("power of what")—an aspect of bittul, which is an indented seal from below.	אֲבָל נִסּוּךְ הַמֵּיִם הוּא בְּחִינַת חָכְמָה – "כֹּחַ מָה", בְּחִינַת בִּטוּל – שֶׁהוּא בְּחִינַת "חוֹתָם שׁוֹקֵעַ" שָׁמִּלְמַטָּה

And behold, on Shemini Atzeres we say "He makes the rain fall"—which is the drawing down of masculine waters from Above, to be absorbed as a revelation of the Infinite Light, blessed be He, into the souls of Israel, from deep within the person and the heart.	וְהַנֵּה בְּשָׁמִינִי עֲצֶרֶת אוֹמְרִים "מוֹרִיד הַגֶּשֶׁם", שֶׁזָּהוּ הַמְשָׁכַת "מַיִין דּוּכְרִין" מִלְמַעְלָה – לִהְיוֹת נִקְלָט גִּילּוּי אוֹר־אֵין־סוֹף בָּרוּךְ הוּא בִּנְשָׁמוֹת יִשְׂרָאֵל מִקֶּרֶב אִישׁ וְלֵב עָמוֹק.
And see what is written on this in the discourse beginning "Torah Tzivah."	וְעַיֵּן מַה שֶּׁכָּתוּב מָזָּה בְּדִ״ה "תּוֹרָה צִּוָּה".
And on this it is said: "By the rain of the heavens you shall drink water"—for in order to draw down this lofty transmission of "rain of the heavens" on Shemini Atzeres,	וְעַל זָה נֶאֱמַר: "לָמְטַר הַשָּׁמַיִם תִּשְׁתָּה מָיִם", שֶׁכְּדֵי לְהַמְשִׁיךּ הַמְשָׁכָה עֶלְיוֹנָה זוֹ – דְּ"מָטָר הַשָּׁמַיִם" – שֶׁבְּשָׁמִינִי עֲצֶרֶת
it is through the water libation during the festival of Sukkos.	הוּא עַל יְדֵי נָסוּךְ הַמַּיִם בְּחָג הַסֻּכּוֹת.
And this is the above-mentioned analogy—like a person who drinks to his friend so that the friend will return and drink to him.	וְזָהוּ הַמָּשֶׁל הַנ״ל – כְּאָדָם הַשׁוֹתָה לַחֲבֵירוֹ כְּדֵי שֶׁיַּחֲזֹר וְיִשְׁתָּה לוֹ.
And behold, according to this we will understand the verse: "Who is a G-d like You, who pardons iniquity to the remnant of His inheritance."	וְהַנֵּה עַל פִּי זָה יוּבַן הַפָּסוּק: "מִי אֵל כָּמוֹךּ נוֹשֵׂא "עָוֹן לִשְאַרִית נַחֲלָתוֹ
And our Sages of blessed memory said in chapter two of Rosh Hashanah (17a), that "the remnant" refers to those who make themselves like leftovers.	וְאָמְרוּ רַזַ״ל בְּפֶּרֶק שֵׁנִי דְּרֹאשׁ הַשֶּׁנָה (דַּף י״ז): דְּפֵירוּשׁ "לִשְׁאַרִית" – הַיְנוּ לְמִי שֶׁמְשִׁים עַצְמוֹ בְּשִׁירָיִם.
And first, one must explain the matter that in the early Kabbalistic texts, the upper middos are called "Gedulah, Gevurah, Tiferes"—that is, the attribute of His kindness is called "Gedulah."	וְיֵשׁ לְבָאֵר תְּחָלֶּה עִנְיָן – שֶׁבְּסִפְרֵי הַמְקוּבָּלִים הַקְּדוּמִים נִקְרָאוּ הַמִּדוֹת הָעֶלְיוֹנוֹת: גַּג״ת – גְּדוּלָּה, גְּבוּרָה, תִּפְאֶרֶת – הַיְנוּ שֶׁמִדֵּת חַסְדּוֹ יִתְבָּרַךְ נִקְרֵאת "בְּשֵׁם "גְּדוּלָּה
Only in Eitz Chayim is it mentioned all as "Chesed, Gevurah, Tiferes," where the middah is called "Chesed."	רַק בְּעֵץ חַיִּים נִזְכַּר הַכּּלֹ: חַג״ת – שֶׁנָּקְרֵאת הַמִּדָּה בּשֵׁם "חָסֶד".
And in the verse it is also written: "To You, Hashem, is the Gedulah and the Gevurah"	יּבַכָּתוּב כָּתוּב גַּם כֵּן: "לְדָּ ה' הַגְּדוּלָּה וְהַגְּבוּרָה", כוי.
And the idea is, that in truth, in the Infinite One, blessed be He, it is not applicable to say that He bestows kindness [due to reason], but rather because "His greatness is unfathomable," and as it is written: "slow to anger and abundant in kindness."	ְוָהָעִנְיָן: כִּי בֶּאֱמֶת בְּאֵין־סוֹף בָּרוּהְ הוּא – לֹא שַׁיֵּיהְ לוֹמֵר שֶׁיָשְׁפִּיעַ חָסֶד, רַק מִפְּנֵי כִּי "לִגְדֵלָתוֹ אֵין חֵקֶר", וּרְמוֹ שֶׁבָּתוּב: "אֶרֶךְ אַפַּיִם וּגְדַל חָסֶד.
For behold, "in the light of the King's face is life," and because He is called "long of anger" (patient), therefore it extends to be "and great in kindness," etc., as explained elsewhere.	כִּי הָנֵּה: "בְּאוֹר כְּנֵי מֶלֶךְ חַיִּים", וּלִהְיוֹתוֹ יִתְבָּרֵךְ נִקְרָא "אֶרֶךְ אַפַּיִם", עַל כֵּן נִמְשָׁךְּ לִהְיוֹת "וּגְדַל הָסֶד", כו׳, וּכְמוֹ שֶׁכָּתוּב בִּמְקוֹם אַחֵר.

And therefore, it is kindness without end and limit to His goodness. And this is the trait "and abundant in kindness."	וְלָכֵן הוּא חֶסֶד שֶׁאֵין קֵץ וְתַכְלִית לְחַסְדּוֹ הַטּוֹב. וְזָהוּ מָדַת "וְרַב־חָסֶד".
See Zohar, Idra Rabbah, Naso (133b).	בֵיוַ בַּזֹהַר בְּאַדְרָת נָשׂא (דַּף קל״ג ע״ב).
However, this level of kindness that comes from "Gedulah" is specifically in the measure of the Infinite One, blessed be He, "whose greatness is unfathomable."	אֲבָל בָּחִינַת חֶסֶד זֶה שֶׁמִצַד הַגְּדוּלָה – זֶהוּ דַּוְקָא בְּמִדַּת אֵין־סוֹף בָּרוּךְ הוּא – אֲשֶׁר לְגְדַלָּתוֹ אֵין חֵקֶר.
For He alone is the Primal of all primals, for "He exalts Himself exceedingly," etc.	כִּי הוּא לְבַדּוֹ – הוּא־הוּא קַדְמוֹן לְכָל הַקְּדוּמִים – כִּי "גָאָה גָאָה", כו׳
Therefore, "To You, Hashem, is the Gedulah" specifically.	"לָכֵן "לְדָ הוי׳" דַּוְקָא – "הַגְּדוּלָה".
Whereas in created beings this measure is not applicable, since they are truly of no significance, and the entire chain of worlds is like a single drop in the ocean—and even less so, incomparable, etc.	מַה־שֶּׁאֵין־כֵּן בַּנִּבְרָאִים – לֹא שַׁיֵּידְ מִדָּה זוֹ, מֵאַחַר שֶׁהֵם בָּאֱמֶת כְּלָא חֲשִׁיבִי, וְכָל הַהִּשְׁתַּלְשְׁלוּת – הוּא כְּטִפָּה לְגַבֵּי אוֹקֵיָנוֹס, וְיוֹתֵר מִכֵּן – אֵין עֵרֶדְ, כו׳.
Therefore, in all realms of holiness, there is nullification, for they are "as naught," which is the opposite of "Gedulah."	לָכֵן בְּכָל סִטְרָא דָּקְדוּשָּׁה – הוּא בְּחִינַת בִּטוּל, כִּי הֵם דְּכָלָא חֲשִׁיבִי – נֶהְפָּךְ מִבְּחִינַת "גְּדוּלָה".
And therefore, Eretz Yisrael is called "Eretz Canaan," from the language of submission and nullification, as explained above.	וְלָכֵן נִקְרֵאת אֶרֶץ יִשְׂרָאֵל בְּשֵׁם "אֶרֶץ כְּנַעַן", לְשׁוֹן הַכְנָעָה וּבִטוּל, כְּמוֹ שֶׁנִּחְבָּאֵר לְעֵיל.
And this is the trait of "kindness to Avraham," which is drawn from the aspect of "and I am dust and ashes."	וְזֶהוּ מִדַּת "חֶסֶד לְאַבְרָהָם", שֶׁנִּמְשֶׁךְ מִבְּחִינַת "וְאָנֹכִי שָׁפָר וָאֵפֶר.
And similarly, Yaakov said: "I am small (unworthy) of all the kindnesses," as explained in Iggeres HaKodesh, see there.	וְעַל דֶּרֶךְ זֶה אָמַר יַעֲקֹב: "קָטֹנְתִּי מִכֹּל הַחֲסָדִים", כְּמוֹ שֶׁכָּתוּב בָּאִגֶּרֶת הַקֹּדֶשׁ, עַיֵּן שֶׁם.
And what is written in Eitz Chayim: "the measure of Chesed," and it does not say "Gedulah"—this is because Eitz Chayim is speaking of the Chesed of Ze'er Anpin of Atzilus,	וּמֵה שֶׁבָּתוּב בְּעֵץ חַיִּים "מִדַּת חֶסֶד", וְלֹא אָמַר "גְּדוּלָּה" – הַיְנוּ כִּי בְּעֵץ חַיִּים מְדַבֵּר בְּחֶסֶד דִּזְעֵיר ,אנְפִּין דַּאֲצִילוּת
where the vessels are in the aspect of limit and measure: 236,000 myriads of parasangs, as explained in Iggeres HaKodesh in the discourse beginning "He and His life-forces,"	אֲשֶׁר הַכֵּלִים הַם בִּבְחִינַת גְּבוּל וְתַכְלִית – רְל"ו אֶלֶף רְבָבוֹת פַּרְסָאוֹת, כְּמוֹ שֶׁכָּתוּב בְּאָגֶרֶת הַקֹּדֶשׁ בְּדִ״ה .'''אִיהוּ וְחַיּוֹהִי
and therefore it is called Ze'er Anpin, "small face." Whereas "long of anger" is the Infinite.	וְלָכֵן נָקְרָא "זְעֵיר אַנְפִּין". מַה־שֶּׁאֵין־כֵּן "אֶרֶךְּ אַפַּיִם" הוּא אֵין־סוֹף.
And therefore, the Chesed of Ze'er Anpin is called Chesed of MaH—an aspect of bittul—because the vessels are truly nullified to the Infinite One, blessed be He.	וְלָכֵן בַּחֶסֶד דִּזְעֵיר אַנְפִּין נִקְרָא "חָסֶד דְּמ״ה", בְּחִינַת בִּטוּל, שֶׁהַכֵּלִים בְּטֵלִים מַמָּשׁ לְאֵין־סוֹף בָּרוּדְ הוּא.

But the aspect of "and great in kindness" and "abundant in kindness"—that is in the level of Arich Anpin, which is higher than Atzilus, as explained above.	אֲבָל בְּחִינַת "וּגְדַל חָסֶד" ן"רַב־חָסֶד" – זֶהוּ בִּבְחִינַת אַרִיךּ אַנְפִּין", שֶׁלְמַעְלָה מֵהָאֲצִילוּת, כַּנִּזְכָּר לְעֵיל".
And as it is written in the Zohar there, regarding the "inner Chesed" and the "outer Chesed," see there.	וּכְמוֹ שֶׁכָּתוּב בַּזּהַר שָׁם בְּעָנְיַן "חֶסֶד דְּלְגָּאוֹ" וְ"חֶסֶד דְּלִבָּר", עַיֵּן שָׁם
However, from the shattered vessels of the world of Tohu, came into being the aspect of the Chesed of Yishmael—who is also a spender,	אֲבָל מִשְּׁבִירַת הַכֵּלִים שֶׁמֵעוֹלֵם הַתֹּהוּ נִתְהַוָּה בְּחִינַת הֶסֶד דְּיִשְׁמָעֵאל, אֲשֶׁר גַּם הוּא פַּזְרָן,
but this scattering is in order to display his wealth and the splendor of his greatness—to make a name and glory for himself—	אֲכֵן הַפָּזּוּר – בְּכָדֵי לְהַרְאוֹת אֶת עָשְׁרוֹ וּתְפֶּאֶרֶת גָּדְלוֹ הְוּלָהְיוֹת לוֹ לְשֵׁם וּלְתִפְאֶרֶת,
the opposite of bittul, the opposite of "dust and ashes," and consequently, he only bestows from his leftovers.	– "ָּפֶךְ מִבְּחִינַת בִּטוּל – מִבְּחִינַת "עָפָר וָאֵפֶר" וּמִמֵּילָא שֶׁאֵינוֹ מַשְׁפִּיעַ רַק מִן הַמּוֹתָרוֹת שֶׁלוֹ.
And the emergence of this type of being among created entities came specifically through the shattered vessels of Tohu,	וְהָתְהַוּוּת בְּחִינָה זוֹ דְּנִבְרָאִים – הָיְתָה עַל־יְדֵי שְׁבִירַת הַכֵּלִים דַּוְקָא שָׁמֵּעוֹלַם הַתּהוּ,
which preceded Atzilus—where the Chesed was in the mode of "greatness," etc.	שָׁלְפְנֵי הָאֲצִילוּת, שֶׁהָיָה הַחֶּסֶד בִּבְחִינַת גְּדוּלָּה, כוי'.
And see what is written on this in the discourse beginning "And it was when Pharaoh sent," regarding "How long He is slow to anger before Him," etc., see there.	ּוְעַיֵּן מֵה שֶׁכָּתוּב מָזֶּה בְּדִ״ה "וַיְהִי בְּשַׁלַּח פַּרְעֹה", בְּעִנְיַן "כַּמָּה אֶרֶךְ אַפַּיִם לְפָנָיו", כו׳, עַיֵּן שָׁם.
And see also what is written in the explanation on the verse "I am black" regarding "like the tents of Kedar," see there.	וְעַיֵּן מֵה שֶׁכָּתוּב גַּם כֵּן בַּבֵּיאוּר עַל פָּסוּק "שְׁחוֹרָה אַנִי", כו׳, בְּעִנְיַן "כְּאָהָלֵי קַדָר", כו׳, עַיֵּן שָׁם.
And a person must cleave to the attributes of the world of Tikkun—the Chesed of MaH, the aspect of bittul.	וְהָאָדָם צָרִיךְ לְהָדָבֵק בַּמִּדּוֹת דְעוֹלֵם הַתִּקוּן – חֶסֶד דָמ״ה, בְּחִינַת בִּטוּל.
And therefore, even if some harm may come to him from doing acts of kindness, he should not withhold himself from performing kindness,	וְלָכֵן, אֲפָלוּ מַגִּיעַ לוֹ רֵעוּתָא מֵהַגְּמִילוּת חֶסֶד – לֹא יָמְנַע אֶת עַצְמוֹ מִלְּגְמוֹל חֶסֶד,
because the reason for the kindness is that he considers himself as leftovers, as mentioned above.	בֵּיוָן שֶׁסַבַּת הַחֶסֶד – מִפְּנֵי שֶׁמְשִׁים עַצְמוֹ כְּשִׁירִיִם, כו׳, כַּנִּזְכָּר לְעֵיל.
And behold, through this aspect of bittul, it becomes possible for the attributes of the Holy One, blessed be He, themselves to be revealed upon him—specifically the attribute of His greatness, blessed is He, in actual revelation.	וְהַנֵּה עַל־יְדֵי בְּחִינַת בִּטוּל זֶה יוּכַל לְהָתְגַּלוֹת עָלָיו מִדּוֹתִיו שֶׁל הַקָּדוֹשׁ בָּרוּךְ הוּא מַמָּשׁ, שֶׁהוּא בְּחִינַת מִדַת גָדוּלָתוֹ יִתְבָּרַךְ בִּגְלוּי מַמָּשׁ.

For through the aspect of sinking from below, which is bittul, is drawn forth an arousal from above in the form of an embossed seal—this is the attribute of His greatness, blessed be He.	כִּי עַל־יְדֵי בְּחִינַת שְׁקִיעָה שֶׁמִּלְמַטָּה – שֶׁהוּא בְּחִינַת בִּטוּל – נִמְשָׁךְ אָתְעָרוּתָא דְּלְעֵילָא בִּבְחִינַת "חוֹתָם בּוֹלֵט", הוּא בְּחִינַת מִדַּת גְּדוּלָּתוֹ יִתְבָּרַךְ.
Whereas in the Other Side (Sitra Achra), which is the aspect of "yes" (somethingness), it is drawn only through the shattering of the vessels.	– מַה־שֶׁאֵין כֵּן בָּסִטְרָא אָחֲרָא – שֶׁהוּא בְּחִינַת יֵשׁ נִמְשָׁךְּ מִשָּׁם רַק עַל־יְדֵי שְׁבִירַת הַכֵּלִים.
And this is the idea of "for those who do His will"—how much more so [are they worthy].	וְזֶהוּ עִנְיָן: "לְעוֹשֵׂי רְצוֹנוֹ – עַל אַחַת כַּמָּה וְכַמָּה".
And as it is written elsewhere, that in the World of Tikkun, the indwelling of the Infinite Light is drawn from the level of "complete perfection of all."	וּכְמוֹ שֶׁכָּתוּב בִּמְקוֹם אַחֵר: שֶׁבְּעוֹלֵם הַתִּקוּן נִמְשֶׁכֶת הַשְּׁרָאַת אוֹר־אֵין־סוֹף מִבְּחִינַת "שְׁלִימוּתָא דְּכֵלָּא", .כו׳
And it is possible that this too is the explanation of "a land of mountains and valleys"—for Avraham, who is the aspect of mountain, i.e. the trait of kindness—	וְאֶפְשָׁר שֶׁזָּהוּ גַּם כֵּן פַּירוּשׁ "אֶרֶץ הָרִים וּבְקָעוֹת": כִּי אַבְרָהָם – שֶׁהוּא בְּחִינַת "הָר", הַיְנוּ מִדַּת הַחֶּסָד –
this kindness was drawn from the aspect of "and I am dust and ashes," which is the aspect of valley, the aspect of bittul, etc.—	הֲרֵי חֶסֶד זֶה נִמְשָׁךְ מִבְּחִינַת "וְאָנֹכִי עָפָר וָאֵפֶּר", – שֶׁהוּא בְּחִינַת "בְּקֵעָה", בְּחִינַת בִּטוּל, כו׳
not like the Sitra Achra, as mentioned above. And see what is written in the discourse beginning "The matter that the Torah was given on Har Sinai."	מַה־שֶּׁאֵין כֵּן בִּסִטְרָא אָחָרָא כַּנִּזְכָּר לְעֵיל. וְעַיֵּן מַה שֶּׁכָּתוּב בְּדִ״ה "עִנְיַן שֶׁנִּתְּנָה תּוֹרָה עַל הַר סִינַי".
And this is [the explanation of] "to the remnant of His inheritance"—to the one who makes himself as leftovers.	וְזֶהוּ: "לִשְׁאֵרִית נַחֲלֶתוֹ" – לְמִי שֶׁמְשִׂים עַצְמוֹ בְּשִׁירָיִם.
For behold, the Thirteen Attributes of Mercy are called "great mercies," as it is written: "And with great mercies I shall gather you,"	כִּי הָנֵּה י״ג מִדּוֹת הָרַחֲמִים נִקְרָאוֹת "רַחֲמִים גְּדוֹלִים", ,"כְּמוֹ שֶׁכָּתוּב: "וּבְרַחֲמִים גְּדוֹלִים אֲקַבְּצֵךְ
which are drawn from the level of "and His greatness is unsearchable"—that is, from "long of anger" and "great in kindness."	שֶׁנִמְשֶׁכִים מִבְּחִינַת "וּלְגְדֻלָּתוֹ אֵין חֵקֶר" – שֶׁהֵם מְבְּחִינַת "אֶרֶדְ אַפַּיִם" וְ"גְּדַל חָסֶד".
And see what is written about this in the discourse beginning "For the mountains shall depart" and in the discourse "The voice of my beloved."	וְעַיֵּן מַה שֶּׁכָּתוּב מָזֶּה בְּדִ״ה "כִּי הֶהָרִים יָמוּשׁוּ", הּבְדִ״ה "קוֹל דּוֹדִי".
And therefore, it is drawn down only to one who makes himself as leftovers, which is the aspect of sinking and bittul.	ָוְעַל כֵּן אֵינוֹ נִמְשֶׁךְ אָלָּא לְמִי שֶׁמְשִׁים עַצְמוֹ כְּשִׁירָיִם, שֶׁהוּא בְּחִינַת שְׁקִיעָה וּבִטוּל.

For this specifically is the vessel for the embossed seal from Above, as is explained at length on the verse "Place me as a seal upon your heart," etc.	שֶׁזֶּה דַּוְקָא הוּא הַכְּלִי לְבְּחִינַת "חוֹתָם בּוֹלֵט" שֶׁמִּלְמֵעְלָה, וּכְמוֹ שֶׁכָּתוּב בְּאֲרִיכוּת עַל פָּסוּק "שִׁימֵנִי בַחוֹתָם עַל לְבָּךִ", כו׳.
And this is what it says (Yeshayahu 57): "For thus says the High and Exalted One I dwell on high and in holiness, and with the contrite and lowly of spirit," etc.	וְזֶהוּ שֶׁכֶּתוּב (יְשַׁעְיָה נ״ז): "כִּי כֹה אָמֵר רָם וְנִשָּׂא כו׳ מָרוֹם וְקָדוֹשׁ אֶשְׁכּוֹן וְאֶת־דַּכָּא וּשְׁפַלֹ רוּחַ", כו׳.
And see Zohar, Parshas Emor (90b) and Mikdash Melech there.	וְעַיֵּן בַּזּהַר פָּרָשַׁת אֱמוֹר (דַף צ׳ ע״ב), וּבְמִקְדָּשׁ מֶלֶּהְ שַׁם.

Alter Rebbe Likkutei Torah Parshas Eikav אֶרָץ הָרִים וּבְקְעוֹת, לִמְטַר הַשָּׁמֵיִם תִּשְׁתָּה מָיִם

NOTE Summary

The verse "a land of mountains and valleys, by the rain of the heavens it drinks water" serves as the starting point for a detailed exploration of the soul's inner service to G-d. The Alter Rebbe explains that the "mountains" represent the fiery, upward yearning of the soul—love and emotional fervor (רשפי אש)—while the "valleys" symbolize humility and bittul, the inner nullification before G-d, represented by water which flows downward.

The essential concept is that real spiritual ascent—*hisgalus* of Divine light—comes not from the intense yearning of "mountains" alone, but from the self-effacement of the "valleys." This is expressed through the Kabbalistic metaphor of the הותם בולט (embossed seal) and הותם שוקע (indented seal). Just as an embossed stamp creates an indentation below, so too, when a person subdues himself below, G-dliness is impressed upon him from above. In this schema, the act of שקיעה (sinking) and self-nullification is the vessel that draws down שקעדל"ע—an arousal from above—in the most elevated form.

This dynamic mirrors the relationship between מים נוקבין (feminine waters, human initiative) and (masculine waters, Divine response). The phrase "by the rain of the heavens you shall drink water" now reflects how man's bittul below evokes a Divine influx from above. The example of nisuch hamayim (the water libation on Sukkos) reinforces this: while nisuch hayayin (wine libation) represents expressive joy and emotional fire (mountains), nisuch hamayim reflects inwardness and bittul (valleys), drawing even greater Divine blessing—especially the geshem (rain) that begins on Shemini Atzeres.

The Alter Rebbe further explains that true kindness (*Chesed d'MaH*)—like that of Avraham—comes from a place of humility. Avraham, though identified with the mountain of love, drew his power from his declaration "*I am dust and ashes*", which is the valley of self-nullification. This is contrasted with Yishmael's counterfeit kindness, rooted in ego and self-glorification, born from the world of Tohu and the *Sheviras HaKeilim* (shattering of the vessels).

Ultimately, only one who "makes himself as leftovers" (משים עצמו כשיריים) can receive the Thirteen Attributes of Divine Mercy—rachamim gedolim drawn from ולגדולתו אין, G-d's infinite greatness. This theme is woven through the verse "To the remnant of His inheritance" and the teaching "Who is a G-d like You, who pardons iniquity... to the remnant", which Chazal explain as "to those who make themselves as remnants."

In conclusion, the truest and most potent Divine revelations are not attained through passionate striving alone but through deep humility and surrender—the valley beneath the mountain.

Practical Takeaway

If you want to draw down G-dliness into your life—not just spiritually but practically—you must become a vessel through humility. Don't seek G-d through egoic striving or dramatic expressions of love alone, but through quiet surrender, service, and bittul. The path to receiving G-d's infinite mercy and presence is paved

אַרץ הָרִים וּבָקַעוֹת, לִמְטַר הַשָּׁמַיִם תִּשְׁתָּה מַיִם

with making yourself small, lowly, and like "dust and ashes." Do the mitzvos without seeking glory, speak with gentleness, and humble your heart. This is not weakness—it is the most exalted strength.

Chassidic Story

The Alter Rebbe once gave an audience to a wealthy Chassid who prided himself on his great acts of tzedakah and his fervent davening. The man asked for a blessing that his spiritual efforts be received in Heaven. The Rebbe responded with a parable: "There was once a man who carved mountains to touch the clouds. He succeeded, but the rain still bypassed the peaks and flowed into the valleys."

The Chassid was puzzled. The Alter Rebbe gently concluded, "If you wish for Heaven's blessing, don't try to be a mountain. Make yourself a valley. That is where G-d's rain chooses to fall."

(Source: oral tradition from Chabad Chassidim attributed to the Alter Rebbe, as preserved in Sichos of the Rebbe Rayatz and in Shemuos V'Sippurim, Vol. 1)

END NOTE]